

## Training Academy Schedule

	Ontario Wilderness	Alberta Rockies	British Columbia Vancouver Island
Introductory	May 1—June 11	May 15—June 26	April 25—May 31
	Sept 15—November 16		September 15— November 16
Advanced	May 1—May 22	May 15—June 4	April 25—May 16

### Sample Itinerary

#### Week 1: Center-Based Workshops, Introductory and Advanced Levels

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Introduction	Trauma informed care  Healthy relationships		Social Justice, Equity, Diversity and Inclusion	Indigenous Perspectives		Day Off
Logistics						
Context						

#### Week 2: Center-Based Workshops, Introductory and Advanced Levels

Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Mental Health First Aid			Coaching Students for Success	Environmental Leadership	Technical Expertise	

#### Week 3

Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
Introductory Level: Days Off						
Advanced Level: Day Off	Expedition, building on the skills learnt in the 'Centre-based workshops', with scenarios and practical learning balanced more towards helping youth build tools and strategies to address their own needs and overall growth, with some reminders on critical situations in the field.					

#### Week 4

Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28
Introductory Level: Days Off						
Advanced Level: Final Expedition Day						

#### Week 5

Day 29	Day 30	Day 31	Day 32	Day 33	Day 34	Day 35
Introductory Level: Expedition, building on the skills learnt in the 'Centre-based workshops', with scenarios and practical						

#### Week 6

Day 36	Day 37	Day 38	Day 39	Day 40	Day 41	Day 42
Introductory Level: Expedition continues						