



OUTWARD BOUND CANADA

Get out. Look in.

Sample Itinerary for Vancouver Island Sea Kayaking and Surfing

Day 1	Arrive Comox BC- Outward Bound base camp	Meet and greet group/ instructors duffle shuffle/ basic camp craft- and kayak skills
Day 2	Depart base camp for Pac Rim NP	Approx. 4-hour drive time
Day 2- 9	Sea Kayak Expedition	As a group you'll work on kayaking and camping skills, navigation, group problem solving etc.
Day 10- 15	Final student led expedition	Students will work in partners to lead group for a day
Day15-16	Solo	Two days of quiet personal reflection
Day 17-18	Surf days	Professional instruction in the skill and art of wave catching!
Day19- 20	Return Pac Rim NP-drive to base camp	
Day 21	Depart with lasting memories and lifelong friendships	