



OUTWARD BOUND CANADA

Get out. Look in.

Sample Itinerary for Vancouver Island Sea Kayaking (7-day Expedition)

Day 1	Arrive Comox BC- Outward Bound base camp	Meet and greet group/ instructors duffle shuffle/ basic camp craft- and kayak skills
Day 2	Depart base camp for Pac Rim NP	Approx. 4-hour drive time
Day 2- 6	Sea Kayak Expedition	As a groups you'll work on kayaking and camping skills, navigation, group problem solving etc.
Day 6	Return Pac Rim NP-drive to base camp	
Day 7	Depart with lasting memories and lifelong friendships	