



OUTWARD BOUND CANADA
ASSINIBOINE

REACH BEYOND FUNDRAISING EXPEDITION
JULY 13-18, 2021



**OUTWARD BOUND
CANADA**



THE EXPERIENCE

Since 1969, Outward Bound Canada (OBC) has inspired thousands of people to discover their true potential and contribute to a better, bolder, more compassionate and resilient society. As a registered charity, OBC provides challenging adventures in the outdoors that develop self-respect, awareness of others, interpersonal skills, and a sense of accomplishment. With many Canadian youth struggling to thrive in an unpredictable and changing world, OBC is committed to helping them change the trajectory of their lives.

Outward Bound Canada's Reach Beyond Expeditions raise much needed funds to help as many people as possible participate in our transformational outdoor programs. With that, OBC is thrilled to announce our very special "Assiniboine Experience" taking place in July 2021.

Wade Davis, National Geographic Explorer in Residence and celebrated international author, photographer and anthropologist, will be the guest host on this once in a lifetime, lodge-based wilderness hiking experience in British Columbia's Mount Assiniboine Provincial Park, in the heart of the Canadian Rockies. Sleep and dine at the rustic and charming Assiniboine Lodge, North America's first backcountry ski lodge, which is surrounded by soaring peaks, alpine meadows filled with wildflowers, and turquoise lakes. Daily hikes led by Assiniboine Lodge guides and senior Outward Bound staff

and stimulating conversation led by Wade Davis will fill your days and evenings. Located 26kms from the nearest road, Assiniboine Lodge and its vast network of high alpine trails is a place of incredible peace... a place for you to reconnect with yourself, with others and with the natural world.





ITINERARY

- Arrival** (July 13) This experience starts and ends in Canmore, Alberta, a small mountain town 116kms west of the Calgary International Airport and 30kms east of Banff National Park. Plan to arrive in Canmore on July 14th, the day before departure, where the group will meet at 6pm at the Coast Canmore Hotel for a pre-trip team dinner.
- Day 1** (July 14) The next morning, we will set off in OBC vehicles for the Mount Shark Helipad, about a 90min drive. Mount Assiniboine Park is a high alpine backcountry park with no road access. It is accessed by a 27.5km hike or by helicopter. The core area of the park sits at 2,180m (7,200ft). For this experience, we will helicopter into the park and then plan to hike out as a group on the final day.
- Upon arrival, we will spend some time getting settled in to our accommodations and oriented to the Lodge and its surroundings. Participants will sleep in comfortable two person cabins which are equipped with propane heating, lights and linens for the beds. After a picnic lunch, we head out for an afternoon hike before heading back to the Lodge to indulge in a hearty three course family-style dinner prepared by a professional chef.
- Days 2-4** (July 15 – 17) Over the next three days we'll spend our days outside hiking on the various Mount Assiniboine Park trails that are accessed from the Lodge, building our fitness for the final hike out on the last day. At breakfast each morning our guides will share the plan for the day, with options based on length and level of challenge. You can expect to be hiking from 9:30am until 4:30pm each day. Lunch will be eaten "picnic style" from a selection of items that you will pack out yourself after breakfast. Outward Bound staff will incorporate traditional Outward Bound activities into the daily hikes as well as opportunities for discussion led by Wade Davis. At this time of year, we can expect to be hiking through alpine meadows that are in full bloom with wildflowers and will also benefit from the long daylight hours of mid-summer in Canada. Evenings will be spent back at the lodge; dining, listening and engaging in inspiring conversation with guest host Wade Davis.
- Day 5** (July 18) On the final day of the experience, we will head off early in the morning to hike the 26 kms trail back to the Mount Shark trailhead where we will be met by OBC vehicles and then transported to Canmore and/or Calgary. On this final challenging hike, we will encounter a 205m (670ft) elevation gain, a 580m (1900ft) elevation loss, and reach a maximum elevation of 2395m (7850ft). The scenery on this route is spectacular as we travel up through larch forests and open meadows to Wonder Pass and then down into the subalpine terrain of Bryant Creek. It should take our group about 9hrs to hike out to the trailhead. This will be a challenging but rewarding way to end our experience in the Canadian Rockies!
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GENERAL DETAILS AND REQUIREMENTS

Please note details are subject to change.

- **Fundraising Commitment:** In addition to the tuition, we ask that each team member make a suggested donation of \$1,000 toward OBC's Charitable Programs. Team members may also fundraise this amount.
- **Medical Requirements:** This is a physically demanding experience. Participants must complete a medical screening and sign a waiver in advance.

TUITION: \$5,000 CAD

Includes

- Experienced Assiniboine Lodge and OBC guides on the expedition
- All transportation detailed as part of the itinerary
- All meals within the dates of the expedition as identified in the itinerary including the team welcome dinner in Canmore on July 14th and final team dinner in Canmore on July 18th
- Accommodation in Canmore on July 13, at Assiniboine Lodge for the nights of July 14 – 17th, and final night accommodation on July 18th in Canmore

Does not include

- Travel costs to and from Canmore, Alberta
- Personal clothing and gear
- Medical insurance (required for each member)
- Trip cancellation insurance (if desired)
- Alcoholic beverages at the Lodge (optional)
- All expenses incurred in the event of early departure or significant delay before, during or after the expedition (evacuation fees, transportation, extra hotel nights, etc.)

REGISTER TODAY!

Spaces are limited! To reserve your spot, please contact:

rbexpeditions@outwardbound.ca



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To reserve your spot, please submit a non-refundable deposit of \$1,000 CAD.